



PH Lover Smoothie

Ingredients

- 1 Banana
- 1 C. Almond Milk, unsweetend
- 2 TBS. Peanut Butter
- 1 TBS Honey
- 1 TBS Cocoa Powder
- 2 Scoops of Orgain Protein Powder (any flavor!)

Instructions

1. Combine all ingredients in a blender. Mix and enjoy. Add ice or water to change consistency