



Week 5 Guided Devotional

Week 5 Balance

Have you ever tried a balance pose?

There are days where just lifting one leg off the ground can be difficult. For me, my mindset and balance capabilities are directly related.

There are just days that are heavy and cloudy ... amen? Amen.

I feel like I wobble and wind up my arms and to no avail balance is just not in sight.

Another factor that can cause me to lose my balance is if I lose my focus. If I take my eyes off of the subject that doesn't move and watch another wobbler in the class. Sometimes even just a shift of my eyes can cause me to go down.

Oh the spiritual relevance.

In our walk with Christ we are constantly met face to face with our inadequacies. The closer we become in intimacy with Him the more sensitive we are to how we miss the mark. In those situations we can choose to lean in and try try again, or we can take our eyes off of Jesus and put them on our self.

Jesus is our focal point. The never changing, same yesterday, today, and tomorrow God. If we lose our focus from Him and shift to ourselves we will fall every time... but it's what we do when we fall.

"for all have sinned and fall short of the glory of God,"

Romans 3:23 NIV

<https://bible.com/bible/111/rom.3.23.NIV>

None of us are perfect, but we are made perfect in his image.

When we run to His throne we find His loving kindness is what leads us to repentance. The more we see our need for Him the more we find HIM! Our walk will never be met with perfection, but we will continue to grow and mature until the day we meet Him face to face!

Lord thank You for reminding us that perfection is unobtainable. The idea of perfection misses the mark... Lord thank You for seeing us and saving us from ourselves. If there was another way, Lord we know you'd have taken it... but instead You chose the path of suffering for US. Lord help us to see each opportunity as an opportunity for growth. Remind us when we fall that turning to You is how we stand back up!



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Meditation song

<https://youtu.be/L57ox0iQU7A?si=mWrfnJg3Zs1YU1-p>

With Love,

Cassandra Prediger